

**BRAVO DISABILITY
SUPPORT NETWORK INC.**

Bravo works with individuals and families to plan and implement flexible, individualised options for natural and funded supports.



**Bravo is now on
Facebook.**

Like us for
up to date information



**Compliments,
Suggestions and
Complaints**

We welcome your suggestions for improvement in any of our programs.
All complaints, compliments & suggestions are treated confidentially.
Give us a call on 5482 5336.



Do you have a story?

We would love to hear from you!

BRAVO Brief

Sept 2016—Update from the Manager

Hi everyone and welcome to another edition of the Bravo Brief. Recently I took some annual leave and it was great to spend some time with my family and stay home to get some jobs completed. Balancing work and home life often can get complicated and for me it is important to eat and maintain a healthy lifestyle.

The theme for this quarter is Good, Better, Best as per our recent Team Meeting compulsory training event. At this event we had a motivational speaker—James Peterson who not only inspired those in attendance about the importance of healthy mind, healthy life but about maintaining the balance for yourself. Thank you James!



The Bravo Strategic Plan document 2016-2019 is now available. Bravo continues to work within its mission and values, embracing the NDIS. If you would like this document please call the office or email info@bravo.org.au.

As we all prepare for the NDIS, you will see a difference in a number of ways Bravo organises itself for the NDIS chapter. For Gympie residents you would be aware that it is still a number of years away (Jan 2019). Bravo will transition to NDIS language, activities, Individual plans and planning, ensuring that Bravo remains a viable and sustainable organisation. We are happy to hear from you about what you would like from Bravo as your chosen service provider and how you would like us to work with you in the future. Bravo is committed to supporting Individuals and Families through the NDIS process and to be as well prepared as possible to maintain your vision for a good life. I have continued to include segments from the NDIS website in the Bravo Brief.

There is always a lot of events happening in our region. I hope that you have been out and about enjoying the great weather we are having.

Take care, stay safe and maintain a healthy outlook.
Patricia



“Take care of your body. It's the only place you have to live” Jim Rohn

Office Hours are: Monday to Friday **8.30 am - 4.30 pm.**

PO Box 935, Gympie QLD 4570, Ph: (07) 5482 5336, Email: info@bravo.org.au

IN MEMORY OF
HILTON SMITH



Bravo would like to extend our deepest sympathies to Dulcie, Ann and family for your loss. We hope that comfort and peace may come to you.



IN MEMORY OF
JOAN COOK



On behalf of everyone at Bravo may you find comfort in each other at this time of sorrow. Your loved ones will always be a close memory.



**10 things about
The Gympie Library**

1. Joining is free
2. Borrowing is free
3. Events & programmes at the library are free
4. Computer & internet access is free
5. It is free to reserve any item that is on loan
6. Download digital magazines through Zinio
7. Download and stream your music through Freegal
8. Loan eBooks and eAudiobooks through OverDrive
9. Search the Gympie Times from 1868 at the Gympie Library
10. Storytime sessions for 0-5's at all libraries are free



NDIS Update from the NDIS Website

Getting Ready for the NDIS

There are five simple steps you can take to get ready for the NDIS.

One - find out when the NDIS is coming to you. Each State or Territory has different roll out schedules. You can find the details at [ndis.gov.au](https://www.ndis.gov.au).

Two - learn if you might be able to access the NDIS. Accessing the NDIS depends on your age, residency and disability.

Three - Think about your life now, your current informal and formal supports, and what is working and what might need to change. Informal supports is the care and help you get from your family and friends. Formal supports are supports you might pay for or get through a program.

Four - identify your strengths, interests and challenges. Consider your goals or what you might like to achieve.

Five - write these things down and collect any reports, assessments or information you might find helpful for when the NDIS comes to you.

Remember, a NDIS partner working in your community will help you get ready when it is time for you to join the NDIS.

For more information about the NDIS, please visit the NDIS website [ndis.gov.au](https://www.ndis.gov.au).

Disability Law Queensland

new not-for-profit law firm for families with people with a disability

Mamre Association is a Brisbane based non-profit organisation supporting families with children with a disability. For over 10 years Mamre has offered succession planning workshops, information and resources to assist families to secure their plans for the futures of their loved ones with disability. Through this work Mamre identified a gap in the legal services industry as families reported on the difficulty they experienced in finding a trusted legal professional with knowledge of disability and the disability sector.

Now, Disability Law Queensland, an incorporated legal practice wholly owned by Mamre, offers affordable, accessible and expert legal advice and assistance to people with a disability and their families.

Legal help is available in the following areas:

- succession planning (including developing wills and trusts and estate administration);
- decision-making (executing powers of attorney for clients with a disability, and providing legal advice and representation in guardianship and administration cases);
- human rights (disability discrimination);
- administrative law (including review of decisions made by the National Disability Insurance Agency); and
- child protection (where the risk of harm is directly related to a carer's disability or as a separate or direct representative where the relevant child or children has disability).

Fees charged are kept to a minimum (eg. \$300 - \$500 to execute a power of attorney). Profits generated go to support the work of Mamre in building rich, meaningful and inclusive lives for people with a disability and their families. For more information or to make a referral, please call Disability Law Queensland on 3622 1250 or visit www.dlq.org.au.

Pay Periods

**Employee Timeonline due
BY 10AM - MONDAY of pay
week including
*Public Holidays***

*If your roster is incorrect
please contact the office
BEFORE you submit.*

19 Sept - 2 Oct	*Due 3 Oct*
3 - 16 Oct	Due 17 Oct
17 - 30 Oct	Due 31 Oct
31 Oct - 13 Nov	Due 14 Nov
14 - 27 Nov	Due 28 Nov
28 Nov - 11 Dec	Due 12 Dec



Bunnings Sausage Sizzle is ON AGAIN!

- ♦ **Saturday 1 Oct 2016**
- ♦ **Thursday 27 Oct 2016**



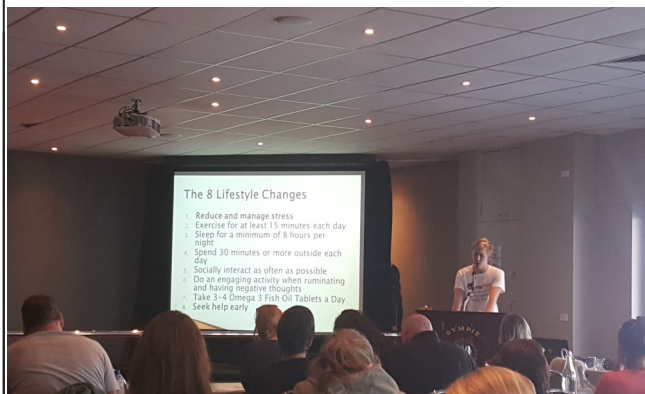
A **big thank you** to all our amazing Volunteers who have supported us this year with our Bunnings Sausage Sizzle fundraisers.

If you wish to be part of the volunteer team please contact the office.
We look forward to hearing from you!



Inclusive Education Evening Discussion:

Becoming a Better Advocate for your Child's Inclusion
Monday 7th Nov 2016,
Contact—Community Resource Unit (CRU)
Phone: 07 3844 2211
Email: cru@cru.org.au
Website: <http://cru.org.au>
Address: Level 2, 43 Peel Street, Brisbane, Qld



Bravo Team

The last Team Meeting was held on Tuesday 16 August 2016. Thank you for your attendance and participation. Once again we received many positive comments particularly about the James Peterson from breakingFree session.

To find out more information about breakingFree go to the website:
<https://breakingfree.org.au>

“Start living a mentally healthy lifestyle today.” James Peterson

Some of the comments from the Bravo Team included:

- ♦ 8 lifestyle changes – simple but effective
- ♦ James was amazing. Loved it!
- ♦ Make my mental health priority number 1
- ♦ Gained a different outlook on things.
- ♦ Things I can add to life— mine and others.

**The next Team Meeting will be held on Tuesday 9th November 2016.
This will also include our end of year celebrations.**

Blue & Yellow Cards

Once again there have been changes to the Blue / Yellow card applications with a rise in the fees and changes to the forms.

The fee increase has resulted in updates to the payment section of various yellow card system forms. In addition, minor administrative changes have been made to the forms with the aim of increasing user information and for easing completion.

The forms are also **editable** allowing users to type in application details and save edited changes. However, users will still be required to print application forms for signing.

Forms 10-1, 10-3, 10-4, 10-5, 10-6, 10-10 and 10-11 have been updated.

The updated forms came into effect on **1 July 2016**. The updated forms are available to download from the department's website at <http://www.communities.qld.gov.au/disability/key-projects/criminal-history-screening/forms>

Farewell to Shayla

Life is full of adventures and Shayla has decided to embark on a new one.

Good luck and best wishes from everyone at Bravo. Thank you for all your work for Bravo over the last 5 years Shayla.



**“Good, better, best. Never let it rest. 'Til your good is better and your better is best.”
St. Jerome**



SURVEY

Very Good ☒

Good ☐

Average ☐

Poor ☐

Governance Board

Meets every third Friday of the month.

Members

President:

Dianne Melnyk

Vice President:

Roxanne MacGregor

Treasurer:

David Cohen

Secretary:

Jackie Harding

Board Members:

Lesley Nissen

Contact the Governance Board by:

Email

governance@bravo.org.au

Mail to

Governance Board
c/o Bravo Disability
Support Network Inc
PO Box 935
GYMPIE QLD 4570



"It is not hard to make decisions when you know what your values are."

Roy Disney

An update from the Governance Board

Hello everyone,

It is time and the Board would like to invite you to the 2015/2016 Annual General Meeting.

This year we are holding it at the RSL – Orchid Room in Mary Street, Gympie on the 28th October 2016 at 9.30am for registration and commencement at 10.00am.

The Governance Board has continued to be busy and has attended a whole day event in Maryborough for organisations to become more knowledgeable and informed about the impending transition to the NDIS.

The 2016/2019 Strategic Plan for Bravo has been finalised and available by email to those interested on request. This Strategic Plan covers the transition period until the Gympie Region is scheduled to join the NDIS and includes the new Goals for the organisation.

The Board is very sorry at the resignation of the Receptionist Shayla Moxham who has moved away from town. Shayla's smiling face and happy words will be missed as she gave everyone who came to Bravo a warm welcome.

We look forward to seeing you at the AGM and sharing a cuppa with a lovely morning tea before we get down to business. The Chair for the election of members to the Governance Board will be Sandi Cohen. Many of you will know Sandi.

P.S. Don't forget to renew your membership! Ordinary members and Life Members are eligible to vote. Enclosed with your invitation is the information needed for changes to the Constitution.

See you there!

Jackie H.
Roxanne M,
Dave C,
Lesley N,
Dianne M.



Photos from last AGM 2015

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