

**BRAVO DISABILITY
SUPPORT NETWORK INC.**

Bravo works with individuals and families to plan and implement flexible, individualised options for natural and funded supports.

BRAVO

Brief

Compliments, Suggestions and Complaints

We welcome your suggestions for improvement in any of our programs.

This ensures that you can receive the highest possible standard of service from our organisation.

All complaints, compliments & suggestions are treated confidentially.

Bravo has brochures and forms available to assist you with your complaints / compliment system or you can also give us a call on 5482 5336.



Do you have a story?

We would love to hear from you!

2017 — Update from the Manager

Hi everyone and welcome to another edition of Bravo news.

Our theme this quarter is, **"Yes I Can"** focusing on building confidence and key strengths. Continued personal and professional development is encouraged through goal setting and actioning plans.

Why is this important for all of us?

- ◆ Self awareness and maintaining a positive outlook
- ◆ A sense of direction
- ◆ Improved focus
- ◆ Increased motivation
- ◆ Greater resilience
- ◆ Relationship building



Bravo has been busy over the last three months with:

- ◆ Quality Audit—Thank you for your involvement. This process went extremely well. Bravo has successfully met the intent of the Human Services Standards with continued Certification.
- ◆ Individual / Team Meeting survey—Thank you for your responses. Ideas and suggestions were raised at the Bravo Planning to incorporate matters into the future of Bravo.
- ◆ Team Meeting training held in February—This was well attended and received.
- ◆ Preparing for the Governance Board Strategic Planning
- ◆ NDIS planning and succession planning—Attended workshops, information gathering and preparing for changes.

The Easter School holidays are rapidly approaching. Here are a few safety tips recommended by Queensland Police: "Prepare for your fun filled holiday by securing your home and taking car keys if vehicles are left behind, Plan your trip, Drive safely, Think before you drink, Slow down and stick to the speed limits, No seatbelts—no chance, Rest and revive regularly if travelling by car, Avoid distractions, No mobile phones, Pay attention to the job at hand, driving".

Have you checked out our website or liked us on Facebook?

Take care, stay safe and maintain a healthy outlook.
Patricia

BRAVO Office Hours are: Monday to Friday **8.30 am - 4.30 pm.**

PO Box 935, Gympie QLD 4570, Ph: (07) 5482 5336, Email: info@bravo.org.au

Goal Setting



Goal setting is an important method of:

- ◆ Deciding what you want to achieve in your life.
- ◆ Separating what's important from what's irrelevant, or a distraction.
- ◆ Motivating yourself. Building your self-confidence, based on successful achievement of **goals**.



Bravo is now on Facebook.

Like us for up to date information

The most three important words you can say to yourself:
YES, I CAN.

Yes I Can - Play Cricket

Brendan Westlake recently competed in the 2017 National Cricket Inclusion Championships in Geelong (Victoria) picking up the man of the series award for his fine efforts with both bat and ball.

The Championships, featured more than 200 players across three divisions; blind and vision impaired, deaf and hard of hearing, and cricketers with an intellectual disability. With all games played in Twenty20 format, the Championships were the first time that these three divisions were played as part of one competition.

The tournament was created to promote a positive message of inclusion to the community and to people living with a disability. Brendan has also been named in the squad to represent Australia and is hoping to make the final cut so he is busy travelling to Brisbane for intensive training sessions.

According to his proud parents, Wayne and Janelle, Brendan was very deserving of the man of the series award having scored in excess of 150 runs and only being dismissed once in the 3 games played.



Brendan Westlake in action for Queensland.

Photo credit- ADAM CASSIDY, Communications Manager - Community Cricket Australia, Jolimont Victoria 3002

NDIS Update from the NDIS Website

Are you **Getting ready for the NDIS?**

People with disability, their families and carers can learn more about the NDIS and make the most of the opportunities it will bring.

Information sessions, meetings, workshops, home visits, phone support and online resources are available to help people prepare for the start of the NDIS in Queensland. Through the Participant Readiness initiative, 11 organisations are being funded to deliver these activities until June 2018.

Contact the organisations below to find the most relevant support for you or check our [online calendar](https://www.communities.qld.gov.au/gateway/reform-and-renewal/disability-services/national-disability-insurance-scheme-in-queensland/ndis-calendar) (<https://www.communities.qld.gov.au/gateway/reform-and-renewal/disability-services/national-disability-insurance-scheme-in-queensland/ndis-calendar>).

The NDIS rollout for Gympie and surrounds (Sunshine Coast, Noosa and Gympie) is from July 2018 to June 2019. Some websites to check out include:

Queensland Government - <https://www.communities.qld.gov.au/gateway/reform-renewal/disability-services/national-disability-insurance-scheme-queensland/ndis-rollout-queensland>

NDIS Queensland - <http://epicassist.org/au/ndis/epic-ndis-services/?gclid=CMuUpN7P0tICFdcmvQodZFAFDw>

Every Australian counts - <http://www.everyaustraliancounts.com.au/>

Pay Periods

**Employee Timeonline due
BY 10AM - MONDAY of pay
week including
*Public Holidays***

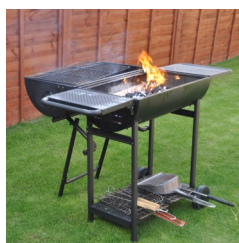
*If your roster is incorrect
please contact the office
BEFORE you submit.*

6 - 19 March	Due 20 March
20 Mar - 2 April	Due 3 April
6 - 19 March	Due 20 March
3 - 16 April	Due 17 April
17 - 30 April	Due 1 May
1 - 14 May	Due 15 May
15 - 28 May	Due 29 May
29 May - 11 June	Due 12 June

New Public Holiday

Date	Holiday
14 April 2017	Good Friday
15 April 2017	Easter Saturday
16 April 2017	Easter Sunday
17 April 2017	Easter Monday

Easter Sunday is now an official
Public Holiday in Queensland.



Fundraising events

Bunnings Sausage Sizzle

A **big thank you** to all our
amazing Volunteers who
have supported us with our
Bunnings Sausage Sizzle
fundraisers.

Bravo's next BBQ's are:

♦ **Saturday 1 April 2017**

If you wish to be part of the
volunteer team please contact
the office. We look forward to
hearing from you!

This fundraiser is low cost to set
up, easy to organise and fairly
straightforward to run as long
as we get Volunteers.

Bravo Team

These are a few "Yes I Can" moments from people receiving support
from Bravo:

- ♦ Yes I Can now travel to a different country because I have my passport
- ♦ Yes I Can now swim a whole length of the pool
- ♦ Yes I Can do stand-up paddle boarding and am confident wearing my vest
- ♦ Yes I Can organise my room the way I love it to be
- ♦ Yes I Can get high achievement marks on my school report
- ♦ Yes I Can start a new job and work 3 days a week

From the Team Meeting, feedback from Support Workers/Host
Contractors included:

- ♦ Yes I Can see the importance of taking care of ourselves
- ♦ Yes I Can be aware of and identify signs of abuse and neglect
- ♦ Yes I Can understand that Bravo complies with legislation and uses feedback from staff effectively
- ♦ Yes I Can learn about other community organisations and use the information to help the person I am supporting if applicable

Thank you everyone for being a part of the Bravo community and
upholding Bravo's values.

The next Team Meeting is the **CCD on Tuesday 9 May 2017.**



Changes to Blue Card Services Payment System

Blue Card Services have now introduced a new online payment service.

If payment is required and you want to pay by credit card, you can
now do this online. This replaces the previous process where people
provided their credit card details on the form. Please note that
applications for volunteers will continue to be processed free of charge.

If you would like to know anything further about this new process, please
contact the office.

Those who believe in our ability, do more than stimulate us.
They create for us an atmosphere in which it becomes easier to succeed.

John Lancaster Spalding.

Governance Board

Meets every third Friday of the month.

Members

President:

Dianne Melnyk

Vice President:

Roxanne MacGregor

Treasurer:

David Cohen

Secretary:

Jackie Harding

Board Members:

Lesley Nissen



Contact the Governance Board by:

Email

governance@bravo.org.au

Mail to:

Governance Board
c/o Bravo Disability
Support Network Inc
PO Box 935
GYMPIE QLD 4570

"If you always put limit on everything you do, physical or anything else. It will spread into your work and into your life. There are no limits. There are only plateaus, and you must not stay there, you must go beyond them."

[Bruce Lee](#)

An update from the Governance Board

Hello everyone,

'Yes I can'

Or 'Yes we can' and we have. The Board used the information from the surveys at Planning and the Board would like to thank you for your participation. The constructive comments were appreciated and they added different aspects to be considered.

It doesn't seem long since we were wishing you a happy Christmas and now are wishing you a Happy Easter. Easter will be celebrated a little later than we are used to this year with Good Friday on 14th and Easter Monday the 17th April.

This brings us to Bravo Day which will be celebrating on the 22nd April this year. This event will be held in Nelson Reserve. You are all invited. See you there!

Risk Management is high on the Board's list of to dos and will be completed by April 30th 2017. Bravo holds significant risks in the work of the organisation and it is good practice when mitigation of these risks is identified and recorded. 'Yes we can!'

The Board feels it is keeping up with the transition and all the potential changes and the work involved in maintaining the focus and holding the vision for Bravo.

The work of the Board involves all 5 current members being involved in different ways and saying 'Yes I can'. If you are a person with a disability, family member or carer and would like to be a member of the Governance Board please send the governance board an email or contact the office and leave your contact information.

Jackie H.
Roxanne M,
Dave C,
Lesley N,
Dianne M.



DISCLAIMER

The inclusion of information contained in this newsletter or attached about services provided by any organisation does not imply a recommendation by Bravo Disability Support Network Inc.